# ST. NICHOLAS NEWS

#### Vol. 2 No. 3.2

#### St. Nicholas Orthodox Church

505 Jefferson Avenue, Scranton, Pa. 18510

Fr. Nicholas Ferencz, Ph.D., pastor Rectory: 570-344-5917 Cell: 724-953-6046 Hall - 570-344-1522 www.stnicholasorthodoxscranton.org

nferencz35@gmail.com

#### March 10, 2013 MEAT-FARE SUNDAY

#### **PARISH CALENDAR HI-LITES**

#### Please see monthly calendar for all events

Sun., Mar. 10 Meat-fare Sunday. Archbishop Tarasius of Constantinople.

9:30 Divine Liturgy - Special Sheet

Church School - Elementary.

Men's Club Meeting - Election of Officers

Altar Society Meeting

Sat., Mar. 16 Martyr Eutropius et al.

5:00 PM Vespers

Sun., Mar. 17 Cheese-fare Sunday.. Monk Gerasimos

9:30 Divine Liturgy - Special Sheet

Parish PreLenten Breakfast

Forgiveness Vespers

#### FEASTS...& FASTS

I am republishing the first two weeks of fasting regulations for this Lent:

MEAT-FARE WEEK (MAR. 10 - MAR. 17): To help ease us into the Lenten Fast, the Church has traditionally started small and built up.

DIOCESAN RULES have no special requirements except the usual Wednesday and Friday abstinence from meat.

TRADITIONAL RULES: Starting today, we only fast from meat for the whole week (So today is called "Farewell to Meat Sunday"). This prepares us for

the stricter fast of the following week.

CLEAN WEEK (MAR. 18 - MAR. 23): The first week of Lent is called Clean Week, since the emphasis is on the cleansing of both the soul and the body.

DIOCESAN RULES require Strict Fast on Clean Monday, no meat on Wednesday & Friday.

TRADITIONAL RULES call for not eating at all between Vespers on Sunday and the Presanctified Liturgy on Wednesday. If one does eat, they are supposed to only eat boiled vegetables and fruit juice during this whole week. At most one small meal should be eaten.

#### **COMMUNION FASTING:**

For the reception of Holy Eucharist in the morning, we must fast from bed-time until we receive, as usual. To receive Holy Eucharist in the evening (for instance, at the Liturgy of the Presanctified Gifts), we must fast for at least 3 hours before the beginning of the service. ESSENTIALLY, THIS MEANS NOT EATING AFTER LUNCH UNTIL YOU RECEIVE THE EUCHARIST, IF POSSIBLE. Of course, those who are under a doctor's care or are infirm must follow the doctor's orders. If you have any question about this, please see me.

#### **PEOPLE STUFF**

Please remember in your prayers:

Deceased: Kathryn Derenick. William Joyce.

Living: Stephanie Bonk. Gloria Bracey. Mary Chupron. Susan Danchak. Louis & Terri DiMichele.

Michael Danchak. Michael Hrywnak. John & Jen Hrywnak. Lorraine Kacaba. Dee Lositski. Peggy Majcher. Emma Sacco. Amy Shimo. Connie Lou Slater. Jeff Thomas. Ann Marie Tigue. Gary Wassel. Julia Worobey.

At Home: Michael Andreosky. Elizabeth Basalyga. Steve & Julie Roberts. George & Anna Senich. Kathryn Stocoski.

In Assisted Living Homes: Julie Kovacs. Irene Munchak, Julie Soares.

Altar Vigil Candles: Special Intention

Panachida: Charles & Susan Balisen by the family.

#### YOUR GIFTS TO GOD AND HIS CHURCH

	March 3, 2013
\$ 735.00	General Collection
\$ 170.00	1st Sunday
\$ 81.00	7 Day Light
\$ 10.00	Altar Vigil Lights
\$ 360.00	Church Dues
\$ 23.00	Maintenance & Repairs
\$ 21.00	Eternal Light
\$ 1400.00	<b>Total Collection</b>

#### **PARISH EVENTS**

Men's Club meets today - election of officers.

Altar Society meets today.

**Church School - Elementary** meets *today!* Once again, I emphasize the value of Church School for helping our children know and keep their faith!

**Forgiveness Sunday** is next Sunday, March 17. We are going to have a light brunch for our parishioners, followed by Forgiveness Vespers & Confessions to begin our celebration of the Great Fast.

As you all know, we are unable to host our Lenten Mission this year. Please consider this event to be our parish Lenten Mission and be a part of it. I know that you will have to listen to me (again) preach, instead of a guest preacher, but if everyone wants, I can always preach for 45 minutes at Vespers to make it *seem* like it is someone else preaching. In any event, it is our opportunity as a parish to renew our Christian love and concern for each other, something we could really use. I hope

to see you here.

Diocesan Priests' Retreat: Bishop Gregory is calling all diocesan clergy to pre-Lenten Retreats. The priests will gather at Camp Nazareth from Wed., Mar. 13 through Fri., Mar. 15. I am publishing this again as a reminder that I will be at the retreat those days. If there is an emergency, please call my cell phone. I am assuming all the other priests in our deanery will also be at the retreat.

**Pirohi Making:** I hear that you all did very weel this past week. Thanks to all for your hard work for the parish!

PRE-LENTEN BREAKFAST – The profit on the breakfast last week was \$214.05. We had a very nice turnout! Thanks and God Bless to all who made it happen!

#### **Altar Society News -**

Looking Ahead! The Society is planning a RUMMAGE SALE/ETHNIC DINNER in May. They are asking that you all start saving up your spring cleaning stuff that you wish to donate. Clothes must be clean and in slightly used condition and they are seeking larger sizes. Other household items in good condition are accepted.

#### **COMING UP SOON!**

*Lenten Deanery Missions*. Here is a summary of the Schedule for this Lent.

- St. John's Church, Perth Amboy, NJ March 24
  Sunday of Orthodoxy Vespers 4:00 p.m. Bishop Gregory presiding. All are encouraged to attend.
- Scranton: Canceled. *However*, I encourage everyone even more to participate in the other deanery missions this Lent.
- Dickson City: Sunday, April 7 Moleben to the Cross @ 3:00 p.m. (Fr. Larry Preaching)
- Freeland: Sunday, April 14 Paraklis @ 3:00 p.m.
  (Fr. Ron Preaching)
- Nesquehoning: Sunday, April 21 Vespers @
  3:00 p.m. (Fr. Deacon Ted Preaching)
- Taylor: Sunday, April 28 Confessions @ 2,
  Vespers @ 3:00 p.m. (Fr. Nik Preaching)

#### **FURTHER DOWN THE ROAD**

#### Eastern Region Diocesan Lenten Retreat:

- Saturday, April 20
- 9:00 AM to 5:00 PM
- Holy Ghost Church, Starr & Bridge Sts., Phoenixville, PA
- Cost, (includes lunch): \$20/adult or teen. \$7/child
  6-12 yrs old
- Registration Deadline: April 10
- Contact Tracey Bilanin @ tbilanin@yahoo.com or 484-624-4664.
- Sponsored by the National ACRY.

3<sup>rd</sup> Annual International Children's Classic Golf Tournament: St. Michael's in Binghamton will again be the host of the Third Annual International Children's Classic Golf tournament. The event will take place at the Endwell Greens Golf Course on Saturday, May 18th, with the shotgun tee-off at 12 noon. A dinner and awards presentations will follow.

All proceeds of the event benefit needy youngsters at the St. Nicholas Children's Home in Medzilaborce, the Holy Cross Orphanage in Uzghorod, and the Children's Wing of the Uzghorod Regional Hospital in Uzghorod, Ukraine.

There is a poster in the hall with all the details. Also, please feel free to contact Dr. Nicholas Seketa, chairperson of the event, if you have any questions. You can reach him by e-mail at NFSeketa@gmail.com or by phone at (607) 729-0261.

### Pan Orthodox Sports Tournament & Fellowship Weekend May 17-19, 2013, Akron, OH.

From Michael Pacurar, consultant to the Assembly of Bishops Youth Committee:

I would like to invite you to the first event we are organizing, the Pan Orthodox Fellowship Weekend, which will be held in Akron, Ohio on May 17-19, 2013. The weekend will include a round-robin Soccer Tournament, Ethnic Dance Competition, Corn-hole Tournament, and International Festival. This weekend is in conjunction with the International Festival at Presentation of Our Lord Orthodox Church, which has activities and entertainment for everyone. Therefore, people of all ages are encouraged to attend.



More information is available on the flyers available in the vestibule and posted in the hall.

## LENTEN MISSION PROJECT. Last, but by no means least, a message from the National Junior ACRY to all members of our parish:

"But whoever has this world's goods, and sees his brother in need, and shuts up his heart from him, how does the love of God abide in him? My little children let us not love in word or in tongue, but in deed and in truth." - I John 3:17-18

Reverend & Very Reverend Fathers; Sunday School Teachers; Parish Organizations.

RE: Lenten Project 2013

The National Junior ACRY, as in previous years, has taken it upon itself to help aid the Diocesan ministry of Saint John the Compassionate, which is located in Toronto, Canada. The decision to assist this ministry to those in need was made by the National Junior ACRY at the National ACRY Convention held over Labor Day Weekend 2012 in Johnstown, Pennsylvania.

Members of the Junior ACRY had the opportunity to visit the Mission this past summer and experience the labors of love that take place there each and everyday. The donation from the National ACRY was hand delivered to Fr. Roberto on behalf of all who donated to the Lenten Project. The Project raised over \$2300.00 for the

Mission last year.

The Mission, run by the Very Reverend Father Roberto Ubertino, provides assistance to those in need in the inner city of Toronto. The mission has continued to provide meals, job training and spiritual counsel to those in need in part because of the generous contributions made by organizations and individuals.

The mission, in order to provide for the needs of others, needs support not only from those who donate their time and talents, but also from those who can offer financial support. This support is needed to insure that the programs of the Mission can continue to help transform the lives of those in need. Please visit the mission's website for detailed information on its many ministries done by the Mission: www.stjohnsmission.org

The National Juniors are inviting individual chapters, parishes, church school classes and other parish organizations to aid in this endeavor of providing for the needs of others through this Diocesan mission during this season of Lent. This appeal is an opportunity to teach the lesson of our Lord's in taking care of others in need.

How can you help? You can also hold an event or fund-raiser to provide funding for the mission. You can also have a collection box in the parish hall for use during your social time following the service. Special collection containers can be given out to families to have in their homes to use during Lent. Funds will be coordinated through Saints Peter & Paul ACRY in Windber. Pennsylvania. Checks can be made out to Saints Peter & Paul ACRY Chapter 13, and sent to 141 Hoffman Farm Road, Windber, PA 15963. Please call Fr. Miles at 814.467.7444 if you have any questions. Funds can be sent in throughout the Great Fast and the Paschal Season.

A trip is once again being planned to the Mission for this coming summer for members of the Junior ACRY. These funds raised by the project will be hand delivered by check to the Mission. I pray you will join us in this ministry. May the good Lord assist you in all the work you do in His name so that your light may so shine forth before men.

Very Rev. Fr. Miles Paul Zdinak, Junior ACRY Spiritual Advisor Timothy J. Paproski, Junior ACRY President

A Flyer is posted in the hall with some details. I would encourage all the parish organizations to discuss this Lenten project at your next meeting so that we can determine how we may be able to help in some way.

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